Health, Safety & Labor Seminar Sponsored By Rhode Island State Association of Fire Fighters And Uniformed Professional Fire Fighters Association of Connecticut Foxwoods Resort & Casino Grand Pequot Tower - Grand Ballroom 39 Norwich - Westerly Road Ledyard, Connecticut 06339 November 2, 3, & 4, 2016

Agenda

Wednesday November 2, 2016

7:30 am - 8:30 am

- Registration
- Continental Breakfast (Included in Registration)

8:30 am – 8:45 am

- Introduction Joseph A. Andriole, Vice President – Rhode Island State Association of s.
- Posting Of Colors Connecticut & Rhode Island Honor Guards and Pipe & Drum Bands.
- Opening Remarks
 Peter S. Carozza Jr., President Uniformed Professional s Assoc. of Connecticut.
 Rodney Butler, Chairman of Tribal Council Foxwoods Resort & Casino.
 Jay Colbert, 3rd District Vice President International Association of s.

8:45 am - 10:30 am

Tragedy In Houston – The Fire That Claimed The Lives Of 4 s
 This lecture will examine the events of the 2013 Motel fire in Houston Texas that claimed the
 lives of 4 s. This lecture will look at fire department policies, procedures and staffing levels
 and the utilization of probationary s that were in place at the time of the incident and the
 correlation they had to the tragic event. It will also review the lessons learned from the
 incident and the changes made within the department since.
 (Captain, Alvin White, President - Houston s, Local-341, IAFF & District. Chief, Curtis
 Williams, Houston Fire Dept)

10:30 am - 10:40 am

• Break

10:40 am - 12:00 pm

• The Origins of "Right to Work"

This lecture will examine the origins of "Right to Work" and how it could threaten our current labor relations. This lecture will show the beginning of this type of anti-labor legislation that dates back to Civil War era Chicago, when politicians accused unions of enslaving free white men. The lecture will also show how the basic rhetoric and practice of right to work have remained unchanged since the 1860s, with dramatic consequences for American workers today, especially in the public sector.

(Cedric deLeon, Professor of Labor relations - Providence College)

12:00 pm – 1:00 pm

• Lunch (Included in Registration)

1:00 pm – 2:00 pm

- Benefits of a Peer Driven, Union Run Fire Assistance Program
 - With the historic passage of Resolution 42 at the 2016 IAFF convention, our great International recognizes, supports and encourages the adoption of the IAFF Behavioral Wellness and Suicide Prevention Course at all department, local, state & provincial, national and Fire Fighter training agencies. This workshop will discuss how the International Association of s, Local 1363 and Local 944 used a very simple model and took control of their city run assistance programs and created a Members' Assistance Program to address the unique needs of their members, while discussing the obstacles and successes they have had over the life of their programs.

(Fire Fighter, Scott Robinson, Chairman MAP - Cranston Firefighters, Local 1363, IAFF & Fire Fighter, Brett Corris, Chairman EAP - Milford Firefighters, Local-944, IAFF)

2:00 pm – 3:00 pm

• Every Day Toxic Dangers

This lecture will look at toxic chemicals, flame-retardants and other carcinogens that are in every fire we fight. We are exposed to them our entire career. Our members need to understand the danger that is present and how to minimize it during and after each fire. This presentation will help you understand where the danger is coming from and how to lessen your risk of contracting cancer.

(John Martel, President – Professional s of Maine & IAFF Health/Safety Instructor)

3:00 pm – 3:10 pm

• Break

3:10 pm – 5:00 pm

• "First-Due !" Residential Fire Concepts for Engine and Ladder Companies This lecture will examine the mission of critical incident actions for Engine and Ladder Companies at residential fires. Highlighting the 'must have' roles and responsibilities for each unit, and honing those elements that are imperative to employ an efficient and effective fire attack. Successful fire attack dictates a deliberate balance in coordination and communication between all members. This dynamic multi-media lecture hits: pre-incident readiness, radio reports and tactical resource deployments for 'both sides of the floor'. While the application of water still extinguishes fire and searches still locate trapped civilians, the art and science behind "how, when and why" to mount the attack is being questioned. The initial company level actions can make or break the operation. Are you and your team best prepared to operate mentally, physically and tactically in our residential environment? Don't think so, know so...

(Battalion Chief, Daniel Shaw - Fairfax County Fire and Rescue Dept. & Lieutenant, Douglas Mitchell - FDNY)

5:00 pm

• Seminar Concludes For The Day

6:30 pm – 7:30 pm

• Reception For Participants – "Scorpion Bar" (Included with Registration) Complimentary refreshments and networking with other participants and colleagues. 7:30 am - 8:30 am

- Registration
- Continental Breakfast (Included in Registration)

8:30 am - 10:00 am

• Saving Lives: The Need for Better Physical Assessments

This lecture will examine the dangerous profession of fire fighting. Approximately 88,000 s are injured each year with 2,000 of these being potentially life threatening This injury rate is three times higher than other physically demanding professions and while musculoskeletal injury is extremely high in s, sudden cardiac death is the number one cause of death among s. In 2014, 64 s died while on-duty with sudden cardiac death accounting for 56% of these deaths (NFPA report). Identifying s at risk of sudden cardiac death and musculoskeletal injury, and enrolling such individuals in programs to improve their health to decrease the risk of such events, is critical to s. The impact of a disabled or decreased is borne not just by that individual's family but also by the community as a whole. Early detection of health conditions will save lives. Dr. O'Connor's presentation will highlight these issues as well as the strategy for transforming the delivery of musculoskeletal care. (Dr. Mary O'Connor – Yale Medical School & Hospital)

10:00 am - 10:10 am

• Break

10:10 am - 12:00 pm

• "Vacant Buildings are Killing Us"

This lecture will focus on whether you belong to a big city, small town or rural fire department; vacant structures present s with significant tactical challenges. Oftentimes, response to fires in these buildings can have tragic, even fatal consequences. Early identification, pre-planning and anticipation of adverse conditions can help minimize the dangers faced in these situations. The lecture will also discuss recent events in Chicago in an effort to help prevent future harm.

(Lieutenant, Tom Ryan, President – Chicago s, Local-2, IAFF)

12:00 pm – 1:00 pm

• Lunch (Included in Registration)

1:00 pm – 2:30 pm

- "Cancer in the Fire Service: Recent Research & Prevention"
 - This lecture will examine the toxic environments in which fire service members live and work have long been suspected to have an adverse effect on health. s are exposed to many chemicals that are known to cause cancer in humans, such as benzene, formaldehyde, polycyclic aromatic hydrocarbons, asbestos, and diesel exhaust. Exposure to these agents has been of particular concern when considering the work-relatedness of cancer in s. This lecture will discuss: recent studies that have shown increased risks for specific cancers in s, challenges to studying cancer in s, strategies to reduce occupational exposures and strategies to minimize cancer risk include prevention through healthy lifestyles and best approaches to cancer screening. There will also be an overview of the "Cancer Awareness" module of the IAFF Online Learning System. (Dr. Virginia M. Weaver, MD, MPH, Associate Professor, Johns Hopkins Bloomberg School of Public Health)

2:30 pm – 2:40 pm

• Break

2:40 pm – 4:00 pm

• Medical Marijuana in the Workplace

Medical Marijuana is now legal in twenty-six (26) states. Many states, including some in New England have decriminalized recreational use. A couple of states have completely legalized marijuana use; and others, including Massachusetts and Rhode Island, are considering following in their footsteps. Meanwhile the federal government continues to send mixed messages in regards to its legality. This lecture will examine how Medical Marijuana could impact public safety employees.

(Carly Beauvais Iafrate, Esq. - Labor Attorney)

4:00 pm - 5:30 pm

• Fire Ground Survival – "RIT Team" Operations

This lecture will focus on the key components of the proactive "RIT Team" (Rapid Intervention Team) approach, with emphasis on preventative measures that must be taken before and after the mayday activation by the crews performing tactical objectives. This lecture will also address the role of the Incident Commander while commanding the "RIT Team".

(Lieutenant, Peter Morotto – Bridgeport s, Local 834, IAFF & Battalion Chief, Russell Chapman – Milford s, Local-944, IAFF)

5:30 pm

• Seminar Concludes For The Day

Friday November 4, 2016

7:30 am – 8:30 am

- Registration
- Continental Breakfast (Included in Registration)

8:30 am - 10:30 am

• Stress and Trauma - Differences and Consequences in the Fire Service This lecture will examine the neurobiology of stress as experienced by s. It will also look at the exposure of on the job traumatic events and how this creates the potential for misunderstanding the consequences of the job. A brief overview of acute, chronic and cumulative stress syndrome as contributing factors of Acute Stress Disorder and PTSD will expose the necessity of acknowledging trauma exposures and the development of wellness opportunities in fire service. Practical understanding of stress and trauma challenges and the need for developing psychological resistance and resilience must be included in culture changes within the fire service.

(Dr. Anne Balboni, Director – Rhode Island Critical Incident Stress Management Team)

10:30 am - 10:40 am

• Break

10:40 am - 12:00 am

• Cancer Support Network

This lecture will discuss how as firefighters, we have to be pro-active and change some of our bad habits in order to protect ourselves from a cancer diagnosis. The Cancer Support Network is a non-profit organization that can help s and their families during a cancer diagnosis and also in prevention by education. This presentation will educate with personal experiences, studies and statistics and the challenges we face and how to protect ourselves from this life changing disease.

(Donna Luce-MacDonald, Vice Pres. - Eastern Region Cancer Support Network)

12:00 pm

• Seminar Concludes